# How your dental practice helps you maintain a healthy mouth and happy body



1 Monitor your oral health



2 Identify your risk factors



3 Treat disease and maintain health



### Oral inflammation plus these risk factors puts your body at risk

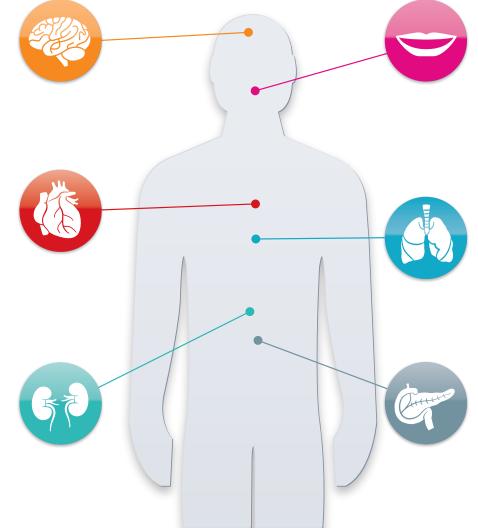
- Stress
- Pregnant/nursing mothers
- Any form of tobacco use
- Personal and/or Family history of: diabetes, heart attack, stroke, cancer, heart disease, high blood pressure, high cholesterol, heart murmur or gum disease
- Heavy alcohol drinkers
- Medications that result in a dry mouth

#### **Brain**

- Oral inflammation has been linked to Alzheimers and dementia
  - Oral inflammation is associated with increased blood clots leading to stroke

#### Heart

 Oral inflammation can raise the risk of heart attack by 13.6 times—twice the risk of a heavy smoker



#### Mouth

- Oral inflammation is linked to oral cancer
- Non-smokers are also at risk for oral cancer
- Oral cancer has a 22% survival rate if undetected but almost 100% survival rate if caught early

## ungs

 Oral inflammation can increase susceptibility to pneumonia and bronchitis

## Kidneys

- Oral inflammation stresses the kidneys' function to fight diseases
- Current research is showing a link between oral inflammation and kidney failure

#### **Pancreas**

- Oral inflammation may disrupt blood sugars resulting in diabetes
- Oral inflammation has been linked to pancreatic cancer

## Other Body Impacts

Oral inflammation has been linked to osteoporosis & arthritis Women with oral inflammation are at a greater risk of breast cancer

Men with oral inflammation are at risk of erectile dysfunction

Expectant mothers with oral inflammation are at greater risk of pre-term births

Oral inflammation has been linked to stomach ulcers

Emerging research is showing a link between oral inflammation and infertility